



Alzheimer's Disease Facts

by NEWLIFEOUTLOOK TEAM

Facts and Figures for Alzheimer's Disease

As a caregiver to someone with Alzheimer's, it's important that you take time to look after yourself. It may be difficult to leave someone alone out of fear that perhaps they'll turn on the oven and leave it on or not be able to do something, so try to find someone else who can spend time helping to ensure the safety of someone with Alzheimer's. In the down time that you get, you should do whatever you find relaxing. Have something that is a responsibility such as being a part of a bowling team, being part of a book club, or just going to the movies with some friends once a week, since this can be a good way to get yourself out. Having something you're committed to will help make sure you do it regularly and that you don't spend the time cleaning or doing other chores. You really will need the time just for you.

2013 ALZHEIMER'S DISEASE FACTS AND FIGURES



ALZHEIMER'S DISEASE IS THE SIXTH LEADING CAUSE OF DEATH IN THE UNITED STATES.

MORE THAN 5 MILLION AMERICANS ARE LIVING WITH THE DISEASE.



In 2013, an estimated 450,000 people in the United States will die with Alzheimer's.



Since 2000, deaths from Alzheimer's have risen 68 percent—while deaths from other major diseases have decreased.



1 in 3 seniors dies with Alzheimer's or another dementia.

NEARLY 15 PERCENT OF CAREGIVERS FOR PEOPLE WITH ALZHEIMER'S OR ANOTHER DEMENTIA ARE LONG-DISTANCE CAREGIVERS.

OUT-OF-POCKET EXPENSES FOR LONG-DISTANCE CAREGIVERS ARE NEARLY TWICE AS MUCH AS LOCAL CAREGIVERS.



IN 2012, CAREGIVERS PROVIDED OVER 17 BILLION HOURS OF UNPAID CARE VALUED AT MORE THAN \$216 BILLION.



There are more than 15 million caregivers of people with Alzheimer's and other dementias.



In 2013, Alzheimer's will cost the nation \$203 billion. This number is expected to rise to \$1.2 trillion by 2050.



Someone develops Alzheimer's every 68 seconds.