



Alzheimer's Disease Facts

by NEWLIFEOUTLOOK TEAM

Facts and Figures for Alzheimer's Disease

As a caregiver to someone with Alzheimer's, it's important that you take time to look after yourself. It may be difficult to leave someone alone out of fear that perhaps they'll turn on the oven and leave it on or not be able to do something, so try to find someone else who can spend time helping to ensure the safety of someone with Alzheimer's. In the down time that you get, you should do whatever you find relaxing. Have something that is a responsibility such as being a part of a bowling team, being part of a book club, or just going to the movies with some friends once a week, since this can be a good way to get yourself out. Having something you're committed to will help make sure you do it regularly and that you don't spend the time cleaning or doing other chores. You really will need the time just for you.

2013 ALZHEIMER'S DISEASE FACTS AND FIGURES



ALZHEIMER'S DISEASE IS
THE SIXTH LEADING CAUSE OF
DEATH IN THE UNITED STATES.

MORE THAN 5 MILLION
AMERICANS ARE LIVING WITH
THE DISEASE.



In 2013, an estimated 450,000
people in the United States will
die with Alzheimer's.



Since 2000, deaths from
Alzheimer's have risen 68 percent—
while deaths from other major
diseases have decreased.



1 in 3 seniors dies with
Alzheimer's or another
dementia.

NEARLY 15 PERCENT OF
CAREGIVERS FOR PEOPLE WITH
ALZHEIMER'S OR ANOTHER
DEMENTIA ARE LONG-DISTANCE
CAREGIVERS.

OUT-OF-POCKET EXPENSES FOR
LONG-DISTANCE CAREGIVERS
ARE NEARLY TWICE AS MUCH AS
LOCAL CAREGIVERS.



IN 2012, CAREGIVERS
PROVIDED OVER 17 BILLION
HOURS OF UNPAID CARE
VALUED AT MORE THAN
\$216 BILLION.



There are more than
15 million caregivers of people
with Alzheimer's and other
dementias.



In 2013, Alzheimer's will cost
the nation \$203 billion. This
number is expected to rise to
\$1.2 trillion by 2050.



Someone develops
Alzheimer's every
68 seconds.

alzheimer's  association®