



# Alzheimer's Disease Facts

by NEWLIFEOUTLOOK TEAM

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## Facts and Figures for Alzheimer's Disease

As a caregiver to someone with Alzheimer's, it's important that you take time to look after yourself. It may be difficult to leave someone alone out of fear that perhaps they'll turn on the oven and leave it on or not be able to do something, so try to find someone else who can spend time helping to ensure the safety of someone with Alzheimer's. In the down time that you get, you should do whatever you find relaxing. Have something that is a responsibility such as being a part of a bowling team, being part of a book club, or just going to the movies with some friends once a week, since this can be a good way to get yourself out. Having something you're committed to will help make sure you do it regularly and that you don't spend the time cleaning or doing other chores. You really will need the time just for you.

# 2013 ALZHEIMER'S DISEASE FACTS AND FIGURES



ALZHEIMER'S DISEASE IS  
THE SIXTH LEADING CAUSE OF  
DEATH IN THE UNITED STATES.

MORE THAN 5 MILLION  
AMERICANS ARE LIVING WITH  
THE DISEASE.



In 2013, an estimated 450,000  
people in the United States will  
die with Alzheimer's.



Since 2000, deaths from  
Alzheimer's have risen 68 percent—  
while deaths from other major  
diseases have decreased.



1 in 3 seniors dies with  
Alzheimer's or another  
dementia.

NEARLY 15 PERCENT OF  
CAREGIVERS FOR PEOPLE WITH  
ALZHEIMER'S OR ANOTHER  
DEMENTIA ARE LONG-DISTANCE  
CAREGIVERS.

OUT-OF-POCKET EXPENSES FOR  
LONG-DISTANCE CAREGIVERS  
ARE NEARLY TWICE AS MUCH AS  
LOCAL CAREGIVERS.



IN 2012, CAREGIVERS  
PROVIDED OVER 17 BILLION  
HOURS OF UNPAID CARE  
VALUED AT MORE THAN  
\$216 BILLION.



There are more than  
15 million caregivers of people  
with Alzheimer's and other  
dementias.



In 2013, Alzheimer's will cost  
the nation \$203 billion. This  
number is expected to rise to  
\$1.2 trillion by 2050.



Someone develops  
Alzheimer's every  
68 seconds.

alzheimer's  association®