



# Know the Top Symptoms of Alzheimer's Disease

by DONNA SCHWONTKOWSKI

---

## Alzheimer's Symptoms

There are many Alzheimer's symptoms besides memory loss that can be an indication that someone has or is developing Alzheimer's Disease. Here's a list of them:

1. Placing keys in the refrigerator instead of on the key rack - This symptom of Alzheimer's indicates that the proteins in the brain have been disrupted by the beta-amyloid plaques.
2. Asking someone the same question multiple times - It's normal to have to ask someone the same question if you weren't listening in the first place; however, someone with Alzheimer's is listening and still can't remember the answer.
3. Forgetting important events or appointments - The timeline is off kilter in the mind of someone with Alzheimer's disease.
4. Slacking off on personal hygiene - This may be a matter of forgetting rather than not choosing to bathe.
5. Forgetting how to play a game they have played in the past regularly.
6. Developing vision problems that make it difficult to read or 3-D perception problems.
7. Difficulty finding the right word in a conversation - We all may do this from time to time but someone with Alzheimer's does this more often.
8. Losing personal objects and then not remembering all the things that were done during the day before losing the object.
9. Difficulty balancing a checkbook.
10. Forsaking personal hobbies that once held their interest - Depression is common in those who have Alzheimer's and possibly part of the reason why hobbies aren't preferred activities anymore.
11. Moodiness and easily irritated by others - Moods are controlled by the brain to a large extent.
12. Any activity involving planning is difficult.
13. Poor judgment with financial transactions - Numerical computations are in a part of the brain that is disrupted in Alzheimer's.
14. Taking a long time to make a mental or physical calculation.
15. Losing track of the seasons of the year or the month of the year.
16. Repeating what was said in a conversation.
17. Cessation of talking during a conversation, in the middle of a sentence.

If you see evidence of Alzheimer's disease in a loved one, schedule an appointment with their doctor and pick them up to take them there.